



WEEK 1

W/C: 30/10, 20/11, 11/12, 08/01, 29/01, 26/02, 18/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza ♻️ Served with Potato Wedges	Classic Beef Burger Served with Potato Wedges	Roast Turkey Served with Roast Potatoes and Gravy	Beef Bolognese 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Vegetable Korma ♻️ 🍷 Served with Wholegrain Rice	Vegetarian Burger ♻️ Served with Potato Wedges	Tomato Pasta ♻️ 🍷 Pasta served in a tomato sauce with cheese if desired	Vegetarian Bolognese ♻️ 🍷 Served with Wholewheat Pasta and Garlic and Herb Bread	Crispy Quorn Nuggets ♻️ Served with Chips
JACKET POTATO	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings, including Salmon Mayonnaise 🐟	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings	Jacket Potatoes 🍷 ♻️ with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta ♻️ 🍷					
All main meals are served with two vegetables					
DESSERT	Chocolate Brownie	Crispy Crackle Bar with Fruit 🍏	Original Flapjack	Carrot, Orange and Sultana Slice 🍏	Vanilla Ice Cream

PACKED LUNCH AVAILABLE
Ham, Cheese and Tuna Baguettes available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

♻️ Vegetarian 🐟 Oily Fish 🌾 Wholegrain
🍏 Fruity! 🍷 Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 2

W/C: 06/11, 27/11, 18/12, 15/01, 05/02, 04/03, 25/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza   Served with Potato Wedges	Chicken and Vegetable Tikka Masala   Served with Wholegrain Rice	Roast Beef Served with Roast Potatoes and Gravy	Sausage Pasta Bake  Served with Garlic and Herb Bread	Breaded Fish Fingers Served with Chips
	Sweet Potato Curry    Served with Wholegrain Rice	Macaroni Cheese 	Tomato Pasta   Served with pasta and a tomato sauce with cheese if desired	Vegetarian Sausage Pasta Bake   Served with Garlic and Herb Bread	Crispy Quorn Nuggets  Served with Chips
JACKET POTATO	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings	Jacket Potatoes   with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta  					
All main meals are served with two vegetables					
DESSERT	Apple Crumble with Custard 	Crunchy Chocolate Biscuit	Chocolate and Vanilla Marble Cake	Carrot Cake 	Strawberry Ice Cream

PACKED LUNCH AVAILABLE
Ham, Cheese and Tuna Baguettes available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

 **Vegetarian**  **Oily Fish**  **Wholegrain**
 **Fruity!**  **Nutritionist's Choice**

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.



WEEK 3

W/C: 13/11, 04/12, 01/01, 22/01, 19/02, 11/03

AUTUMN/WINTER 2023

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	Cheese and Tomato Pizza Served with Potato Wedges	Pork Sausages Served with Mashed Potato and Gravy	Roast Pork Served with Roast Potatoes and Gravy	Chicken and Vegetable Korma Served with Wholegrain Rice	Breaded Fish Fingers Served with Chips
	Chilli No Carne with Crispy Tortilla Served with Wholegrain Rice	Vegetarian Sausages Served with Mashed Potato and Gravy	Sweet Potato and Chickpea Roast Served with Roast Potatoes and Gravy	Tomato Pasta Pasta served in a tomato sauce with cheese if desired	Crispy Quorn Nuggets Served with Chips
JACKET POTATO	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings	Jacket Potatoes with a choice of hot and cold fillings
Tomato Pasta Fresh, homemade tomato and basil sauce with penne pasta					
All main meals are served with two vegetables					
DESSERT	Magic Apple and Cinnamon Bake	Strawberry Jelly	Orange Shortbread with Fruit Slice	Banana and Carrot Cake	Chocolate Ice Cream with Shortbread Biscuit

PACKED LUNCH AVAILABLE
Ham, Cheese and Tuna Baguettes available daily with veg sticks and fresh fruit or dessert of the day

AVAILABLE EVERY DAY
Water, salad, freshly baked bread, yoghurt & fresh fruit

Vegetarian Oily Fish Wholegrain
 Fruity! Nutritionist's Choice

Our menu is subject to change. Please be assured that all notified medical diets and allergy requirements will be safely catered for.